

Mt. Diablo Unified

Elementary

2008-2009

Technical Report



This report contains information specific to your district or school. For general explanatory information about the survey and the items, please refer to the Technical Report Narratives available on our website:
www.wested.org/chks/narratives

Sample Characteristics

Note: Tables 3.1 through 5.3 include results by gender.

Table 1.1

Student Sample Characteristics

| | Grade 5 |
|--------------------------------------|------------|
| Student Sample Size | |
| Target Sample | 2494 |
| Final Sample (Number of Respondents) | 1485 |
| Average Response Rate | 60% |

Table 2.1

Age of Sample

| | Grade 5 Total % |
|--------------------------------|--------------------|
| 7 years old, or younger than 7 | 0 |
| 8 years old | 0 |
| 9 years old | 0 |
| 10 years old | 33 |
| 11 years old | 62 |
| 12 years old | 4 |
| 13 years old or older than 13 | 0 |

Question ES 2, 4: How old are you? What grade are you in?

Table 2.2

Gender of Sample

| | Grade 5 Total % |
|--------|--------------------|
| Female | 53 |
| Male | 47 |

Question ES 3: Are you female or male?

Table 2.3

Number of Times Moved, Past Year

| | Grade 5 Total % |
|-----------------------|--------------------|
| 0 times | 60 |
| 1 time | 21 |
| 2 times or more times | 19 |

Question ES 5: During the past year, how many times have you moved (changed where you live)?

Table 2.4

Perceived Ability With School Work

| | Grade 5 Total % |
|---------------------------------|--------------------|
| One of the best students | 24 |
| Better than most students | 28 |
| About the same as others | 39 |
| Don't do as well as most others | 9 |

Question ES 16: How well do you do in your school work?

Alcohol and Other Drug (AOD) Use

Table 3.1

Ever Used Alcohol or Other Drugs, Lifetime

| | Grade 5 | | |
|--------------------------|----------|--------|---------|
| | Female % | Male % | Total % |
| Alcohol, one or two sips | 28 | 33 | 31 |
| Alcohol, a full glass | 1 | 5 | 3 |
| Inhalants (to get high) | 3 | 6 | 4 |
| Marijuana * | 0 | 2 | 1 |
| <i>None of the above</i> | 70 | 60 | 65 |
| <i>Any of the above</i> | 30 | 40 | 35 |

Questions ES 32, 33, 34: Have you ever drunk beer, wine, or other alcohol? Have you ever sniffed something through your nose to get "high?" Have you ever smoked any marijuana (pot, grass, weed)?

Table 3.2

Any Alcohol Use, Past Month

| | Grade 5 | | |
|------------------------------|----------|--------|---------|
| | Female % | Male % | Total % |
| No | 91 | 86 | 88 |
| Yes, I drank one or two sips | 8 | 12 | 10 |
| Yes, I drank a full glass | 1 | 3 | 2 |

Question ES 39: In the past month, did you drink any beer, wine or other alcohol?

*** = CDE-Recommended SDFSC/TUPE Performance Indicator**

Table 3.3***Any AOD Use Before/During School, Lifetime***

| | Grade 5 | | |
|-----|----------|--------|---------|
| | Female % | Male % | Total % |
| No | 99 | 100 | 100 |
| Yes | 1 | 0 | 0 |

Question ES 35: Have you ever used alcohol or an illegal drug like marijuana before school or at school?

Table 3.4***Perception of Health Risk of Alcohol and Marijuana Use***

| | Grade 5 | | |
|--------------------------------|----------|--------|---------|
| | Female % | Male % | Total % |
| Alcohol | | | |
| No, not bad | 3 | 5 | 4 |
| Yes, a little bad | 35 | 41 | 38 |
| Yes, very bad | 62 | 55 | 59 |
| Marijuana | | | |
| No, not bad | 3 | 6 | 4 |
| Yes, a little bad | 3 | 5 | 4 |
| Yes, very bad | 82 | 81 | 81 |
| I don't know what marijuana is | 11 | 9 | 10 |

*Question ES 37-38: Do you think drinking alcohol (beer, wine, liquor) is bad for a person's health?
Do you think using marijuana (pot, grass, weed) is bad for a person's health?*

Tobacco Use

Table 4.1

Lifetime and Current Use of Cigarettes and Smokeless Tobacco

| | Grade 5 | | |
|--|----------|--------|---------|
| | Female % | Male % | Total % |
| Ever smoked a cigarette * | 3 | 4 | 4 |
| Part of a cigarette, like one or two puffs | 2 | 3 | 3 |
| A whole cigarette | 1 | 1 | 1 |
| Smoked a cigarette in the past month | 1 | 2 | 2 |
| Ever chewed tobacco or snuff | 1 | 2 | 1 |

Questions ES 30, 40, 31. Have you... In the past month, did you...

Table 4.2

Perception of Health Risk of Cigarette Smoking

| | Grade 5 | | |
|-------------------|----------|--------|---------|
| | Female % | Male % | Total % |
| No, not bad | 1 | 2 | 2 |
| Yes, a little bad | 5 | 8 | 6 |
| Yes, very bad | 94 | 90 | 92 |

Question ES 36: Do you think smoking cigarettes is bad for a person's health?

*** = CDE-Recommended SDFSC/TUPE Performance Indicator**

Violence and Safety

Table 5.1

Perceived Feeling Safe At or Outside of School

| | Grade 5 | | |
|--|----------|--------|---------|
| | Female % | Male % | Total % |
| Do you feel safe at school? | | | |
| No, never | 4 | 7 | 5 |
| Yes, some of the time | 14 | 11 | 13 |
| Yes, most of the time | 32 | 30 | 31 |
| Yes, all of the time * | 50 | 51 | 51 |
| Do you feel safe outside of school? | | | |
| No, never | 9 | 8 | 9 |
| Yes, some of the time | 18 | 15 | 17 |
| Yes, most of the time | 45 | 44 | 44 |
| Yes, all of the time | 28 | 33 | 30 |

Question ES 28, 29: Do you feel safe at school? Do you feel safe outside of school?

**** = To be used for the CDE-Recommended SDFSC/TUPE Performance Indicator students that feel very safe at school"***

"The percentage of

Table 5.2***Frequency of Being Harassed on School Property***

| | Female % | Grade 5 Male % | Total % |
|-------------------------------------|----------|-------------------|---------|
| Been hit or pushed | | | |
| No, never | 61 | 49 | 55 |
| Yes, some of the time | 30 | 38 | 34 |
| Yes, most of the time | 5 | 9 | 7 |
| Yes, all of the time | 4 | 4 | 4 |
| Mean rumors spread about you | | | |
| No, never | 45 | 51 | 48 |
| Yes, some of the time | 39 | 38 | 39 |
| Yes, most of the time | 8 | 6 | 7 |
| Yes, all of the time | 7 | 5 | 6 |

*Question ES 23, 24: Do other kids hit or push you at school when they are not just playing around?
Do other kids at school spread mean rumors or lies about you?*

Table 5.3***Frequency of Harassing on School Property, Past Year***

| | Female % | Grade 5 Male % | Total % |
|---|----------|-------------------|---------|
| Have hit or pushed other kids | | | |
| 0 times | 65 | 48 | 57 |
| 1 time | 16 | 20 | 18 |
| 2 times | 8 | 11 | 9 |
| 3 or more times | 11 | 22 | 16 |
| Have spread mean rumors about other kids | | | |
| 0 times | 63 | 68 | 65 |
| 1 time | 21 | 18 | 20 |
| 2 times | 9 | 5 | 7 |
| 3 or more times | 7 | 9 | 8 |

Question ES 21, 22: During the past year, how many times have you...hit or pushed other kids at school when you were not playing around? ...spread mean rumors or lies about other kids at school?

Table 5.4

Weapons (Gun or Knife) on School Property, Past Year

| | Grade 5 Total % |
|--|--------------------|
| Brought weapon to school | |
| No | 96 |
| Yes | 4 |
| Saw another kid with a weapon at school | |
| No | 74 |
| Yes | 26 |

Question ES 25, 26: During the past year... did you ever bring a gun or knife to school? ...have you ever seen another kid with a gun or knife at school?

Table 5.5

Frequency of Being Home Without Adult Supervision

| | Grade 5 Total % |
|-----------------------|--------------------|
| No, never | 56 |
| Yes, some of the time | 34 |
| Yes, most of the time | 6 |
| Yes, all of the time | 4 |

Question ES 27: Are you home alone after school?

Table 5.6

Frequency of Seat Belt and Helmet Use

| | Grade 5 Total % |
|--|--------------------|
| When you ride in a car do you wear a seat belt? | |
| No, never | 1 |
| Yes, some of the time | 7 |
| Yes, most of the time | 18 |
| Yes, all of the time | 74 |
| When you ride a bicycle do you wear a helmet? | |
| I do not ride a bicycle | 12 |
| No, never | 20 |
| Yes, some of the time | 13 |
| Yes, most of the time | 18 |
| Yes, all of the time | 38 |

Question ES 7, 8: When you ride in a car do you wear a seat belt? When you ride a bicycle do you wear a helmet?

Physical Health

Table 6.1

Breakfast Consumption

| | Grade 5 Total % |
|-----|--------------------|
| No | 16 |
| Yes | 84 |

Question ES 6: Did you eat breakfast this morning?

Table 6.2

Exercise During Week

| | Grade 5 Total % |
|-------------|--------------------|
| 0 days | 4 |
| 1 day | 4 |
| 2 days | 6 |
| 3 days | 11 |
| 4 days | 12 |
| 5 days | 17 |
| 6 or 7 days | 46 |

Question ES 50: How many days each week do you exercise, dance, or play sports?

Table 6.3***Frequency of Daily Television Watching and Video Game Playing***

| | Grade 5 Total % |
|-----------------------------------|--------------------|
| None, I didn't watch TV yesterday | 18 |
| Less than 1 hour | 27 |
| About 1 hour | 22 |
| About 2 hours | 18 |
| 3 or more hours | 15 |

Question ES 53: Yesterday, how much time did you spend watching TV or playing video games?

Table 6.4***Body Image***

| | Grade 5 Total % |
|--|--------------------|
| Do you think you are... | |
| Too skinny | 8 |
| About right | 76 |
| Too fat | 16 |
| Are you doing anything to try to lose weight? | |
| No | 54 |
| Yes | 46 |
| Ever been teased about your body at school? | |
| No | 66 |
| Yes | 34 |

Question ES 47-49: Do you think you are too skinny, about right, or too fat? Are you doing anything to try to lose weight? Have other kids at school ever teased you about what your body looks like?

Table 6.5

Students with Asthma

| | Grade 5 Total % |
|-----|--------------------|
| No | 80 |
| Yes | 20 |

Question ES 52: Has a parent or some other adult ever told you that you have asthma?

Table 6.6

Asthma Symptoms While Not Exercising

| | Grade 5 Total % |
|-----|--------------------|
| No | 83 |
| Yes | 17 |

Question ES 51: When not exercising, do you ever have trouble breathing (for example, shortness-of-breath, wheezing, or a sense of tightness in your chest)?

Table 7.1

External and Internal Asset Scores (High, Moderate, and Low)

| Percent of students scoring and Low in Assets (%) | High, Moderate, | Grade 5 | | |
|--|-----------------|---------|----|----|
| | | H | M | L |
| Total External Assets | | 64 | 35 | 1 |
| Caring Relationships | | 71 | 27 | 1 |
| High Expectations | | 81 | 18 | 0 |
| Meaningful Participation | | 16 | 75 | 9 |
| | | | | |
| School Environment | | 46 | 49 | 5 |
| Caring Relationships: Adults in School * | | 53 | 42 | 4 |
| High Expectations: Adults in School * | | 59 | 39 | 2 |
| Meaningful Participation * | | 14 | 69 | 17 |
| | | | | |
| Home Environment | | 81 | 18 | 1 |
| Caring Relationships: Adults in Home | | 76 | 23 | 1 |
| High Expectations: Adults in Home | | 93 | 7 | 1 |
| Meaningful Participation | | 17 | 76 | 6 |
| | | | | |
| Personal School Connectedness* | | 59 | 37 | 4 |
| | | | | |
| Peer Environment | | | | |
| High Expectations: Pro-social peers | | 43 | 53 | 3 |
| | | | | |
| Total Internal Assets | | 58 | 40 | 2 |
| Empathy | | 38 | 57 | 6 |
| Problem Solving | | 31 | 60 | 9 |
| Goals and Aspirations | | 82 | 17 | 1 |

** = CDE-Recommended SDFSC/TUPE Performance Indicator*

Table A7.2***School Connectedness***

| | Grade 5 Total % |
|--|--------------------|
| I feel close to people in this school | |
| No, never | 5 |
| Yes, some of the time | 18 |
| Yes, most of the time | 35 |
| Yes, all of the time | 41 |
| I am happy to be at this school | |
| No, never | 7 |
| Yes, some of the time | 16 |
| Yes, most of the time | 27 |
| Yes, all of the time | 50 |
| I feel like I am part of this school | |
| No, never | 4 |
| Yes, some of the time | 15 |
| Yes, most of the time | 40 |
| Yes, all of the time | 42 |
| The teachers at this school treat students fairly | |
| No, never | 29 |
| Yes, some of the time | 41 |
| Yes, most of the time | 21 |
| Yes, all of the time | 9 |
| I feel safe in my school | |
| No, never | 5 |
| Yes, some of the time | 13 |
| Yes, most of the time | 31 |
| Yes, all of the time | 51 |

Questions E9-12,28: Do you feel close to people at school?, Are you happy to be at this school?, Do you feel like you are part of this school?, Do teachers treat students fairly at school?, Do you feel safe at school?

Table A7.3***School Based Assets***

| At my school, there is a teacher or some other adult... | Grade 5 Total % |
|--|------------------------|
| who really cares about me | |
| No, never | 4 |
| Yes, some of the time | 22 |
| Yes, most of the time | 39 |
| Yes, all of the time | 35 |
| who tells me when I do a good job | |
| No, never | 4 |
| Yes, some of the time | 20 |
| Yes, most of the time | 37 |
| Yes, all of the time | 39 |
| who listens when I have something to say | |
| No, never | 1 |
| Yes, some of the time | 11 |
| Yes, most of the time | 23 |
| Yes, all of the time | 64 |
| who believes that I can do a good job | |
| No, never | 4 |
| Yes, some of the time | 33 |
| Yes, most of the time | 40 |
| Yes, all of the time | 23 |

Questions E14-15, 17-18: Do the teacher and other grown-ups at school care about you?, Do the teachers and other grown-ups at school tell you when you do a good job?, Do the teachers and other grown-ups at school listen when you have something to say?, Do the teachers and other grown-ups at school believe that you can do a good job?

Table A7.3 - Continued

School Based Assets

| | Grade 5 Total % |
|---|--------------------|
| I help make class rules or choose things to do | |
| No, never | 4 |
| Yes, some of the time | 15 |
| Yes, most of the time | 28 |
| Yes, all of the time | 53 |
| I do things to be helpful at school | |
| No, never | 6 |
| Yes, some of the time | 94 |
| Yes, most of the time | 0 |
| Yes, all of the time | 0 |

Question E13, 19: Do you help make class rules or choose things to do at school?, Do you do things to be helpful at school?

Table A7.4***Internal Assets***

| | Grade 5 Total % |
|---|--------------------|
| I try to understand how other people feel | |
| No, never | 4 |
| Yes, some of the time | 25 |
| Yes, most of the time | 33 |
| Yes, all of the time | 38 |
| I feel bad when someone gets their feelings hurt | |
| No, never | 6 |
| Yes, some of the time | 13 |
| Yes, most of the time | 31 |
| Yes, all of the time | 51 |
| I know where to go for help with a problem | |
| No, never | 23 |
| Yes, some of the time | 32 |
| Yes, most of the time | 25 |
| Yes, all of the time | 20 |
| I try to work out problems by talking or writing | |
| No, never | 1 |
| Yes, some of the time | 7 |
| Yes, most of the time | 24 |
| Yes, all of the time | 68 |

Question E41--44: Do you try to understand how other people feel?, Do you feel bad when someone gets their feelings hurt?, Do you know where to go for help?, Do you try to work out your problems by talking or writing about them?

Table A7.4 - Continued

Internal Assets

| | Grade 5 Total % |
|--|--------------------|
| I try to do my best | |
| No, never | 8 |
| Yes, some of the time | 92 |
| Yes, most of the time | 0 |
| Yes, all of the time | 0 |
| I have goals and plans for the future | |
| No, never | 28 |
| Yes, some of the time | 55 |
| Yes, most of the time | 11 |
| Yes, all of the time | 6 |
| I plan to go to college or some other school after high school? | |
| No | 6 |
| Yes | 31 |

Question E45-46, 20: Do you try to do your best?, Do you have goals and plans for the future?, Do you plan to go to college or some other school after high school?

Table A7.5***Home Based Assets***

| At home, there is a parent or some other adult... | Grade 5 Total % |
|--|------------------------|
| who cares about my schoolwork | |
| No, never | 1 |
| Yes, some of the time | 2 |
| Yes, most of the time | 10 |
| Yes, all of the time | 87 |
| who believes that I can do a good job | |
| No, never | 1 |
| Yes, some of the time | 1 |
| Yes, most of the time | 6 |
| Yes, all of the time | 92 |
| who wants me to do my best | |
| No, never | 2 |
| Yes, some of the time | 12 |
| Yes, most of the time | 36 |
| Yes, all of the time | 49 |
| who listens when I have something to say | |
| No, never | 2 |
| Yes, some of the time | 21 |
| Yes, most of the time | 46 |
| Yes, all of the time | 31 |

Questions E56-59: Does a parent or some other grown up at home care about your schoolwork? Does a parent or some other grown-up at home want you to do your best?, Does a parent or some other grown-up at home listen when you have something to say?

Table A7.5 - Continued

Home Based Assets

| | Grade 5 Total % |
|---|--------------------|
| I help at home | |
| No, never | 21 |
| Yes, some of the time | 44 |
| Yes, most of the time | 22 |
| Yes, all of the time | 13 |
| I get to make rules or choose things to do at home | |
| No, never | 0 |
| Yes, some of the time | 0 |
| Yes, most of the time | 0 |
| Yes, all of the time | 0 |

Question E60- 61: Do you help at home?, Do you get to make rules or choose things to do at home?

Table A7.6

Peer Based Assets

| | Grade 5 Total % |
|--|--------------------|
| My best friends get into trouble | |
| No, never | 4 |
| Yes, some of the time | 18 |
| Yes, most of the time | 37 |
| Yes, all of the time | 41 |
| My best friends try to do the right thing | |
| No, never | 2 |
| Yes, some of the time | 5 |
| Yes, most of the time | 12 |
| Yes, all of the time | 81 |

Questions E54-55: Do your best friends get into trouble?, Do your best friends try to do the right thing?

Table 8.1
SDFSCA/TUPE Performance Indicators Recommended by CDE

| Performance Indicator | 5th Grade % |
|--|-------------|
| Tobacco Use | |
| The Percentage of students that have ever used cigarettes* | 4% |
| Drug Use | |
| The percentage of students that have ever used marijuana** | 1% |
| Safe Schools and Violence | |
| The percentage of students that feel very safe at school*** | 51% |
| Protective Factors | |
| The percentage of students that report high levels of caring relationships with a teacher or other adult at their school | 53% |
| The percentage of students that report high levels of high expectations from a teacher or other adult at their school | 59% |
| The percentage of students that report high levels of opportunities for meaningful participation at their school | 14% |
| The percentage of students that report high levels of personal school connectedness | 59% |

*Includes students who smoked part of a cigarette and those who smoked a whole cigarette.

**Excludes students who answered "I don't know what marijuana is"

***Elementary students are asked how often they feel safe at school rather than how safe they felt, as in the secondary survey. This table reports those students who responded, "Yes, all of the time."